



MEDIA RELEASE

Can you Handle the Outback?

Jump on your bikes, breathe in some fresh country air and help raise money to support women of the Darling Downs for the Toowoomba Hospital Foundation's Volvo Trucks Handling the Outback bike ride on Saturday 13 to Sunday 14 October.

The Foundation is calling for riders to register now for the ride of a lifetime from Toowoomba to Gordon Country and back again with participants helping to raise money for BreastScreen Toowoomba.

Toowoomba Hospital Foundation CEO Alison Kennedy said for only \$350 the bike ride is a great way to support a local cause and have a great night out with our region's cycling community.

"This is the first time the Foundation has ever attempted to do a bike ride for charity and we're really excited to bring something new, exciting and fun to our region," she said.

"We'd love to see 60 riders join us in October to help us reach our target of raising \$142,000 to go towards purchasing new 3D Ultrasound software for our local BreastScreen Service.

"The country from Toowoomba to Goomburra is stunning and we have great entertainment and a gourmet feast planned for Saturday night for you to kick back and relax after your day of riding.

"But if riding isn't really your thing you can still help support our local women and men by sponsoring a rider or donating to the cause."

Donnamaree Cosgrove will be jumping on her bike for Handling the Outback riding with Team Bikeline who are aiming to raise \$3,000 for BreastScreen.

"We love to do bike rides for local charity to support the local community and bring awareness to causes and those who need help," she said.

"Riding for BreastScreen is a great cause, especially for women. All of us are going to use BreastScreen at one point in our lives, so it was an easy decision to make to ride to raise funds for better technology that is helping to save lives.

"I think anyone who can ride on their own for at least 20 kilometres can easily do Handling the Outback, as you'll have other riders around you and the support you need, riding in a group makes it way easier."

Registration fee to enter Handling the Outback is \$350 and includes: welcome drinks, all meals and snacks, shared cabin accommodation at Gordon Country and entertainment.

Handling the Outback would not have been possible without the support of our generous sponsors Volvo Trucks, Hancock Prospecting, Metro, Suncorp and Harvey Norman Toowoomba.

— ENDS —



MEDIA RELEASE

For further information and media enquiries contact Laura Conroy on (07) 4616 6549 or 0419 789 922 or email laura.conroy2@health.qld.gov.au.